

Pathways of Spiritual Growth

2 Peter 1:5-7

Faith

+

Virtue (excellence)

+

Knowledge

+

Believe in the Lord!

Desire to be better, excellent! Passion!

Get to Know the Word of God, Study, Learn!

The Basics

The Disciplines

Self-Control

1

Wisdom and Consideration

< Sophron Words >

This is more the thought-out calculated side of self-control. **Careful consideration of responsible action.** This is the realm of thinking and wisdom. To be considerate and wise.

2 Tim 3:2 / Titus 1:8, 2:2, 5 / 1 Tim 2:9 / 2:15 / 2 Tim 1:7 / Titus 2:12

Given by God

2

Self-Restraint

< Enkrateia Words >

The ability to restrain one's emotions, impulses, or desires; **the ability to tell yourself "no."** To fight against the "flesh" or the "old man," your sinful nature.

Acts 24:25 / Gal 5:23 / 2 Peter 1:6 / 1 Cor 7:9, 9:25 / 1 Cor 7:5 / 2 Tim 3:3

Flows from The Spirit

Steadfastness

Keep On In The Face of Outside Opposition, Persecution.

Keep On In The Face of Internal Opposition. Sin

+

Godliness (good deeds)

+

Brotherly Affection

+

Love (Agape)

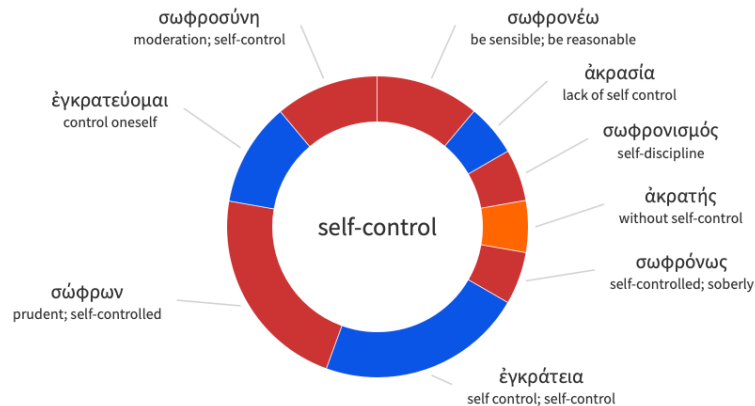
Good Works...

Learn to Have Affection for Your Brothers!

Love Others Like God Loves Them / Be Willing to Live For Them or Die For Them!

The Goals





ἐγκράτεια enkrateia | 4 of 18

- Ac 24:25** And as he reasoned about righteousness and self-control and the coming judgment, Felix was alarmed and said, “Go away for the present. When I get an opportunity I will summon you.”
- Ga 5:23** gentleness, self-control; against such things there is no law.
- 2 Pe 1:6** and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness,
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σώφρων sōphrōn | 4 of 18

- 1 Ti 3:2** Therefore an overseer must be above reproach, the husband of one wife, sober-minded, self-controlled, respectable, hospitable, able to teach,
- Tt 1:8** but hospitable, a lover of good, self-controlled, upright, holy, and disciplined.
- Tt 2:2** Older men are to be sober-minded, dignified, self-controlled, sound in faith, in love, and in steadfastness.
- Tt 2:5** to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.

ἐγκρατεύομαι enkrateuomai | 2 of 18

- 1 Co 7:9** But if they cannot exercise self-control, they should marry. For it is better to marry than to burn with passion.
- 1 Co 9:25** Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable.

σωφροσύνη sōphrosynē | 2 of 18

- 1 Ti 2:9** likewise also that women should adorn themselves in respectable apparel, with modesty and self-control, not with braided hair and gold or pearls or costly attire,
- 1 Ti 2:15** Yet she will be saved through childbearing— if they continue in faith and love and holiness, with self-control.

σωφρονέω sōphroneō | 2 of 18

- Tt 2:6** Likewise, urge the younger men to be self-controlled.
- 1 Pe 4:7** The end of all things is at hand; therefore be self-controlled and sober-minded for the sake of your prayers.

ἀκρασία akrasia | 1 of 18

- 1 Co 7:5** Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control.

σωφρονισμός sōphronismos | 1 of 18

- 2 Ti 1:7** for God gave us a spirit not of fear but of power and love and self-control.

ἀκρατής akratēs | 1 of 18

- 2 Ti 3:3** heartless, unappeasable, slanderous, without self-control, brutal, not loving good,

σωφρόνως sōphronōs | 1 of 18

- Tt 2:12** training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age,

